

# Coaching, Coach Education and Coach Development

## Winter Coaching



During the close-season there are opportunities for both our junior cricketers to develop and hone their skills; both Highland Cricket Development Group (HCDG) and Moray Cricket Association (MCA) will be running Caledonia North Region Development Centres (CNRDC) satellite programmes starting in November and the regions more talented youngsters will be involved in an NRDC programme

based at Huntly.

Each session costs £5 to attend or those interested in being involved in a long term programme can pay £50 (cheques made payable to CNRA).

### **Highland Cricket Development Group**

The HCDG is running coached sessions at on Sunday between 1 and 5pm at Culloden Academy; sessions will take place as follows:

- November 8/15/22/29,
- December 6/13,
- January 17/24/31,
- February 7/14/21/28
- March 6/13/20/27.

Sessions are divided into two distinct groups:

A **Community** Group (1-3pm) – open to all those up to 13 years who would like to try cricket or those current ‘soft-ballers’ at HCDG member clubs looking to develop their skills.

A **Development** Group (3-5pm) – only for those under-16s

- nominated by their clubs and/or:
- involved in last year’s programme (including the Inter Area games)

All club coaches are welcome to attend these sessions and encouraged to do so, the sessions will also be used to support coaches attending Level 2 courses with their supported practice.

*HCDG member clubs: Caithness CA, Fort William CC, Highland CC, Nairn County CC, Northern Counties CC, Orkney CA, Ross County CC, Skye & Lochalsh CC*

### **Moray Cricket Association**

The MCA is running coached sessions at on Friday between 7:30 and 9:30 at Milne’s High School; sessions will take place as follows:

- November 6/13/20/27,
- December 4/11,
- January 15/22/29,
- February 5/12/19/26
- March 4/11/18/25.

Unlike the HCDG sessions there is just the one group at Milne’s:

A **Development** Group – only for those under-16s

- nominated by their clubs and/or:
- involved in last year’s programme (including the Inter Area games)

All club coaches are welcome to attend these sessions and encouraged to do so, the sessions will also be used to support coaches attending Level 2 courses with their supported practice.

*MCA member clubs: Buckie CC, Elgin CC, Fochabers CC, Forres St Lawrence CC, Huntly CC*